

WE CAN ONLY IMPACT VIOLENCE IF WE ADDRESS THE TRAUMA THAT YOUNG PEOPLE HAVE FACED. ROCA PROVIDES THAT PATH.

ROCA WORKS WITH 16-TO-24-YEAR-OLDS WHO HAVE EXPERIENCED EXTENSIVE TRAUMA AND ARE THE PRIMARY VICTIMS OR DRIVERS OF URBAN VIOLENCE:

- Most likely to shoot or be shot
- Prior arrests and justice system involvement
- Actively involved in violence
- Dropped out of school
- No employment history
- On track for future long-term incarceration

OUTCOMES 2021

2/3

OF MASSACHUSETTS PARTICIPANTS CAME TO ROCA WITH HISTORIES OF ARRAIGNMENTS OR SENTENCES FOR VIOLENT CRIMES*

ONLY

18%

RECIDIVATED FOR A VIOLENT OFFENSE WITHIN THREE YEARS*

* Abt Associates Implementation Study 2018-2021

IN FY 2021 ROCA ENROLLED

745

YOUNG MEN SERVED OUT OF 5 SITES IN EASTERN AND WESTERN MASSACHUSETTS**

89%

RETAINED IN THE MODEL THROUGHOUT THE YEAR**

85%

PARTICIPATED IN PROGRAMMING, INCLUSIVE OF THE PANDEMIC PERIOD**

82%

PRACTICED AND APPLIED CBT**

52%

MADE MEASURABLE GAINS IN EMOTIONAL REGULATION**

84%

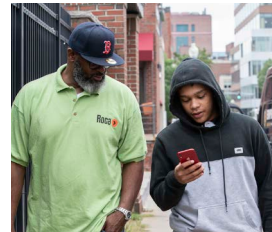
HAD NO NEW ARRESTS

98%

HAD NO NEW INCARCERATIONS **

** Massachusetts, Fiscal 2021

ROCA'S INTERVENTION MODEL



1 CREATE SAFETY AND STABILITY

Roca builds trust with young people through **relentless outreach** - even through setbacks. Because you can't undo a lifetime of trauma overnight, Roca youth workers develop deep relationships over 2-4 years that help young people begin to heal from their hurt and anger, the key to success later on.



2 TEACH LIFE-SAVING SKILLS

We teach a relatable and simple version of **cognitive behavioral theory (CBT) in the streets**, so young people can choose how they want to respond, disrupt negative cycles, and take control over their lives.



3 PRACTICE SKILLS, RELAPSE, AND REPEAT

Roca provides **trauma-informed employment, education, parenting and life skills programs** that serve as spaces for young people to change, relapse, and change further - not when they are "ready" to participate, but while they still struggle to move steadily forward. Relapse is a critical stage of change.



4 ENGAGE INSTITUTIONS AND SYSTEMS

We relentlessly and **intentionally partner with police departments and systems** that directly face urban violence. We build meaningful relationships, coordinate intervention strategies, and share data to improve outcomes for young people.

ROCA'S MISSION IS TO BE A RELENTLESS FORCE IN DISRUPTING INCARCERATION, POVERTY, AND RACISM BY ENGAGING THE YOUNG ADULTS, POLICE, AND SYSTEMS AT THE CENTER OF URBAN VIOLENCE IN RELATIONSHIPS TO ADDRESS TRAUMA, FIND HOPE, AND DRIVE CHANGE.

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