IMPACT

IN FY 2023 WE SERVED 393 OF THE HIGHEST-RISK YOUNG WOMEN IN NEW ENGLAND WITH AN 89% RETENTION RATE.

ENGAGEMENT
Enrolled less than 24 months

29,891
RELENTLESS OUTREACH EFFORTS
90%
PARTICIPANTS SERVED IN AN AVERAGE MONTH
84%
ENGAGED IN REWIRE CBT

COGNITIVE-BEHAVIORAL OUTCOMES
Enrolled 18 months or longer

97%
138 of 143
IMPROVED BEHAVIORAL HEALTH
79%
96 of 121
IMPROVED EMOTIONAL REGULATION

CRIMINAL JUSTICE INVOLVEMENT
Enrolled 24 months or longer

97%
109 of 112
HAD NO NEW ARRESTS
100%
112 of 112
HAD NO NEW INCARCERATIONS

POPULATION SERVED

AGE

RACE/ETHNICITY

- Black/African American
- Hispanic/Latino
- Bi/Multi-Racial
- White
- Other

- Eastern Massachusetts
- Western Massachusetts
- Connecticut

RESEARCH FACTORS

- Victim of Violence
- No High School Completion
- No Employment History
- Drug Involved
- History of Arrests
- Street/Gang Involved
- CPS Involved

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WHY WE’RE SEEING
Young women, most of whom are mothers, at acute, elevated risk of gun violence.
- Women increasingly the actors in violence as well as victims.
- Surge in sex trafficking and intimate partner violence involving guns.
- Violence sparked on social media.

Front-line staff are now at higher risk of experiencing gun violence.

There is a dramatic need for sharpened focus and collaboration around safety in community violence intervention (CVI) work.

HOW WE’RE RESPONDING
Roca uses Rewire CBT to help young people break free from the impacts of trauma, slow down, breathe, and take an 8-12 second pause before a conflict ends in injury or death.

Roca is also implementing sweeping operational updates to safety protocols.
- Added new roles at various sites: Outreach & Safety Manager; Front Desk Security Attendants.
- Expanding/re-emphasizing safety checklists.
- Implementing safety checks before knocking on our participants’ doors.

We are tightening collaboration with our partners.
- Increasing work with law enforcement.
- Making systems more gender responsive.
- Identifying barriers caused by multi-systems involvement (e.g. child welfare and criminal justice).

We are a focused deterrence model.
- Working with those at highest risk of violence.
- Collaborating with criminal justice partners.
- Offering full wrap-around services and a CBT-based approach.