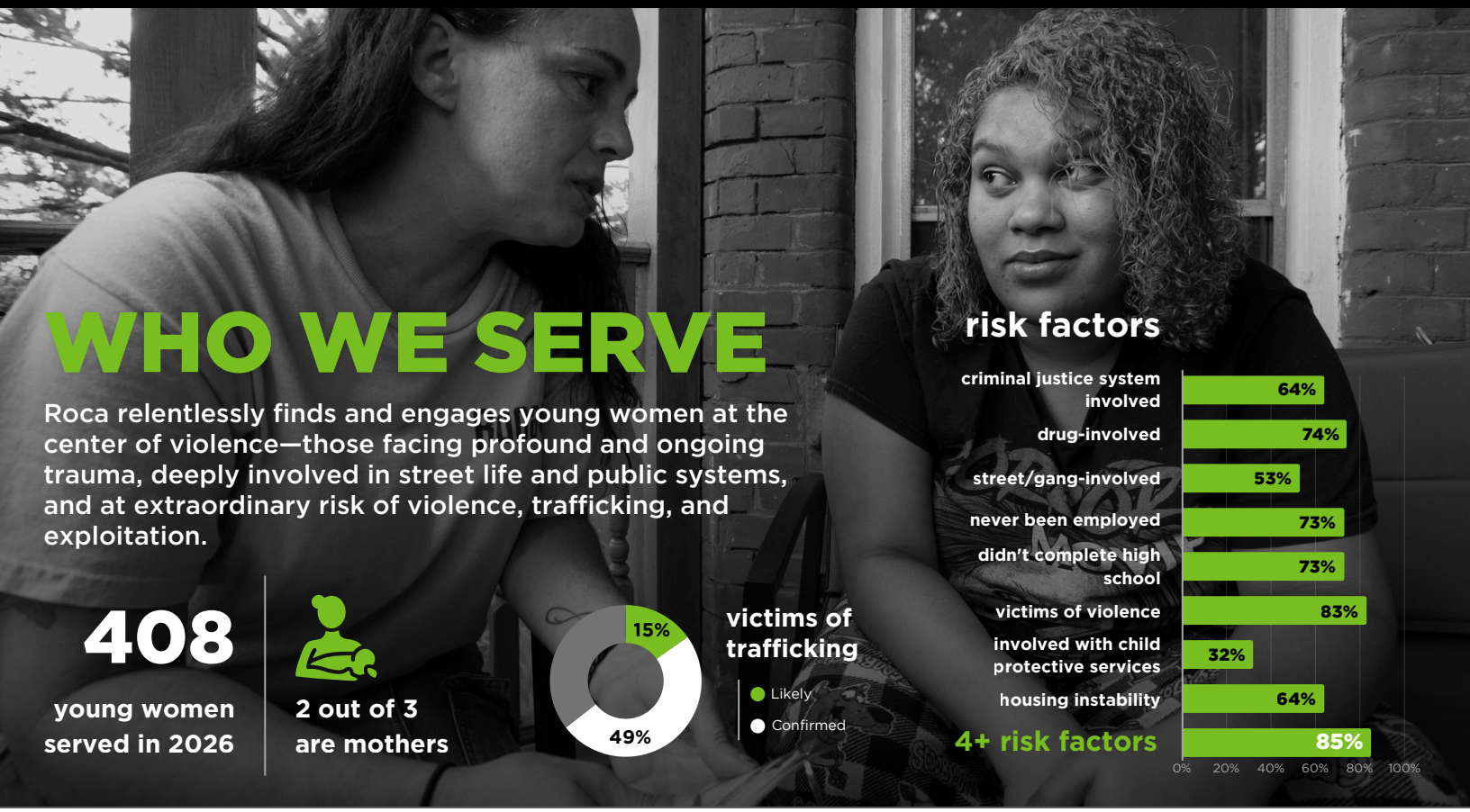
Roca
Life Beyond Violence

ROCA YOUNG WOMEN
2026 AT A GLANCE



WHO WE SERVE

Roca relentlessly finds and engages young women at the center of violence—those facing profound and ongoing trauma, deeply involved in street life and public systems, and at extraordinary risk of violence, trafficking, and exploitation.

408
young women served in 2026

2 out of 3
are mothers

victims of trafficking
- Likely
- Confirmed

risk factors

ENGAGEMENT

47,172
relentless outreach efforts

86% (349 of 408) retained throughout the year

89% (364 of 408) engaged in REWIRE CBT by Roca

COGNITIVE BEHAVIORAL OUTCOMES

Participants enrolled 18+ months

93% (146 of 157) improved emotional regulation

99% (204 of 206) improved behavioral health

63% (96 of 152) experienced less relationship violence

EMPLOYMENT

Participants enrolled 21+ months

71% (65 of 92) sustained unsubsidized employment for 6+ months

SYSTEMS INVOLVEMENT OUTCOMES[1]

Participants enrolled 24+ months

93% (181 of 194) had no new arrests

96% (186 of 194) had no new child protective services cases

CLINICALLY SIGNIFICANT IMPROVEMENTS[2]

- **depression** reduced **42%**
- **PTSD** reduced **29%**
- **domestic violence** reduced **20%**
- **emotional dysregulation** reduced **18%**

TIER Evaluation, 2025

1 *These outcomes reflect arrests for new charges and child welfare services involvement occurring during FY26 after active participants had reached at least 24 months of enrollment. They do not represent outcomes across each participant's full enrollment period.*

2 *Average symptom reductions among young women across all program sites who enrolled between FY19–FY24 and spent at least 12 months with Roca, n=396.*